Manage means “to handle or direct with a degree of skill” or “to exercise executive, administrative, and supervisory direction of” one or more people or things. In healthcare, it is sometimes used to refer to multidisciplinary efforts to address chronic health conditions.

Examples:

The researcher whom the awards committee chose will be contacted next week.

In this review, we summarize recent advances in the management of pediatric Ewing sarcoma.

A 61-year-old man presented for management of pain resulting from a previous traumatic injury.

Effectively managing type 2 diabetes with a healthy diet, exercise, and weight loss can reduce the need for medication and the number of physician visits.

The wording managing patients should be avoided when referring to the treatment of individual patients or groups of patients, as it can be
considered dehumanizing (i.e., it can be thought of as “depriv[ing] someone of human qualities, personality, or dignity”\textsuperscript{3}). The wording treating patients is preferable.

**Original:**

We managed patients with stereotactic radiosurgery and then assessed their radiographic outcomes.

**Better:**

We treated patients with stereotactic radiosurgery and then assessed their radiographic outcomes.

**Original:**

At the time of evaluation, the patient was being managed with hydrocodone, methadone, gabapentin, and methocarbamol.

**Better:**

At the time of evaluation, the patient was being treated with hydrocodone, methadone, gabapentin, and methocarbamol.

**Or:**

At the time of evaluation, the chest spasms and arm pain were being managed with hydrocodone, methadone, gabapentin, and methocarbamol.

Note that managing patients is acceptable when used to refer to general treatment guidelines.

**Examples:**


The optimal clinical management of adults with Crohn’s disease is debated in the medical literature.

**References**


— Ann Sutton

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